

New Nutritionist Training

Dates, Times & Location

May 15-17, 2007

November 13-15, 2007

All days: 8:30 am—4:30 pm

WIC Training Center
Olympia, Washington

For dietitians and nutritionists who are new to WIC in Washington.

What staff said about this training:

- The interactions between RD's & their knowledge, along with their personal experiences were extremely valuable
- Liked the review of feeding relationships, formula & sharing of practical "real life" client examples
- The nutrition discussions were so useful, especially having the opportunity to air concerns and problems.
- Liked all the infant & child nutrition "tools" provided

17 CPEs available for RDs.

Register now!

Contact

robert.hunter@doh.wa.gov

or

360-236-3596

**Grow with
WIC**



Join us for three days of ***focused training, sharing and practice***. Participants will be able to:

- Locate essential information about Washington's WIC program, including the RD's responsibilities, critical timelines and key nutrition policies.
- Maximize the Registered Dietitian (RD) Wizard and critique new strategies for effective High Risk Care Plan documentation.
- Describe current maternal and child nutrition principles and demonstrate practical, "real life" applications in WIC.
- Assess stages of change and learn how to approach clients who are not ready to change.
- Identify and practice a variety of effective listening skills.
- Recognize "resistance" and work past it!
- Summarize other state nutrition programs and describe strategies for collaborating to support WIC families.

Come ready to participate and learn!